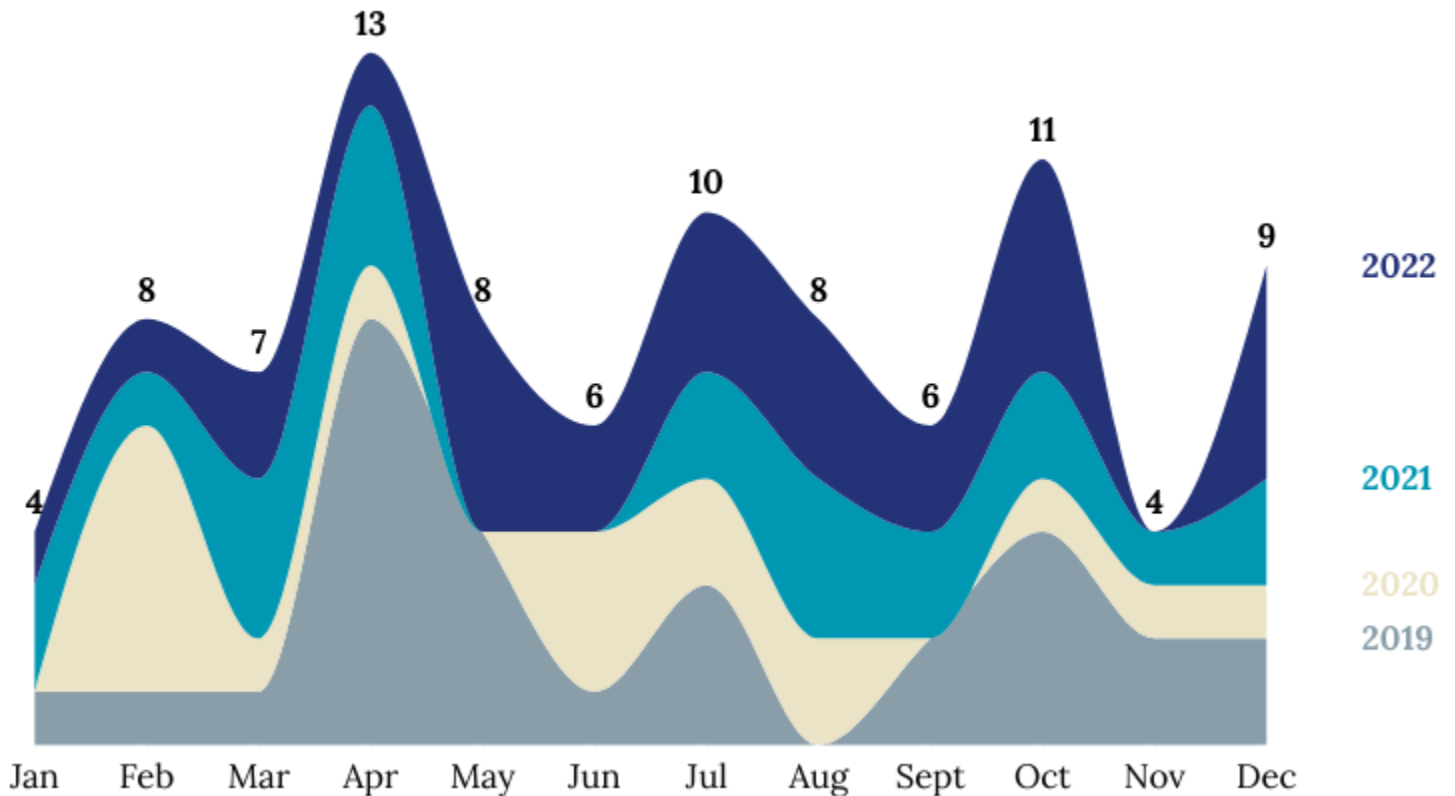


# BELIZE FAST FACTS: DROWNING INCIDENTS 2019 - 2022

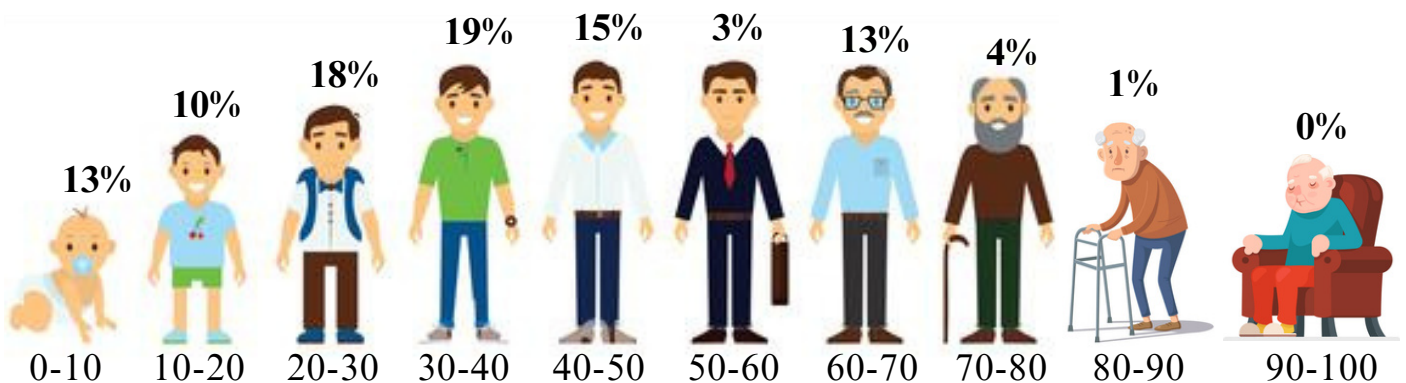
## WHEN DO DROWNING DEATHS OCCUR?

During 2019 to 2022 drowning peaked in **April** with 13 deaths, followed by **October** with 11 deaths.

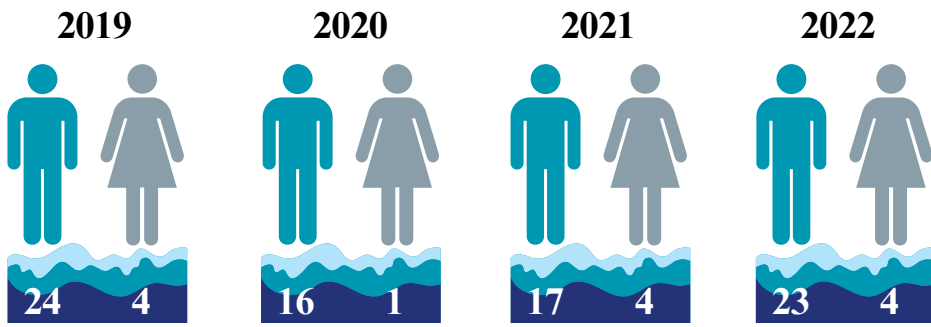


## DROWNING DEATHS BY AGE GROUPS

**30-40 years age group** recorded the **highest number** of drowning deaths followed by **20-30 years age group** which recorded the **second highest number** of drowning deaths from 2019 to 2022.



## DROWNING DEATHS BY SEX

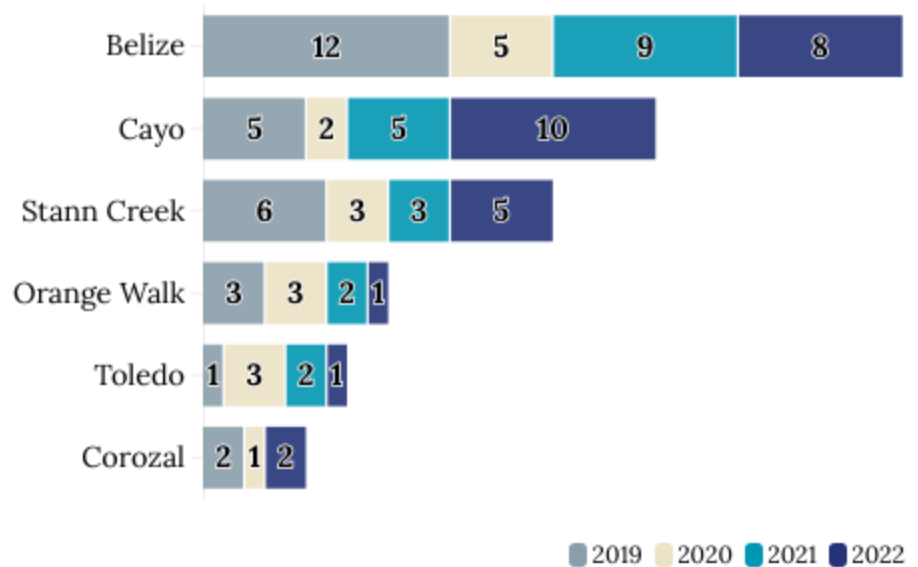


Majority of the victims of drowning were **males** from 2019 to 2022.

The **highest number of males deaths** were recorded in **2019** and **2022** with 24 and 23 deaths respectively.

## WHERE DO DROWNING DEATHS OCCUR?

The **Belize District** recorded the **highest number of drowning deaths** followed by the **Cayo District** with **22 deaths** from 2019 to 2022.



## HOW TO PREVENT DROWNING?



### Learn basic swimming and water safety skills

Formal swimming lessons can reduce the risk of drowning. 1-5 Children who have had swimming lessons still need close and constant supervision when in or around water.



### Supervise closely

Have a responsible adult supervise closely and constantly when children are in or near water. Adults watching kids in or near water should avoid distracting activities.



### Wear a life jacket

Life jackets should be used by children for all activities while in and around natural water. Life jackets can also be used by weaker swimmers of all ages in and around natural water and swimming pools.



### Know the risks of natural waters

Lakes, rivers, and oceans have hidden hazards such as dangerous currents or waves, rocks or vegetation, and limited visibility. Check the forecast before activities in, on, or near water.



### Avoid alcohol

Avoid drinking alcohol before or during swimming, boating, or other water activities. Alcohol impairs judgment, balance, and coordination. Do not drink alcohol while supervising children.