MINISTRY OF HOME AFFAIRS AND NEW GROWTH INDUSTRIES

BELIZE CRIME OBSERVATORY

Suicide: Facts and Figures

An average of 37 persons die by suicide each year

2020	2021	2022	2023	2024	2025
28 suicides	44 suicides	37 suicides	46 suicides	27 suicides	16 suicides as of July 2025

Who?

8 in 10 suicides were among males from 2020 to 2024



What age?

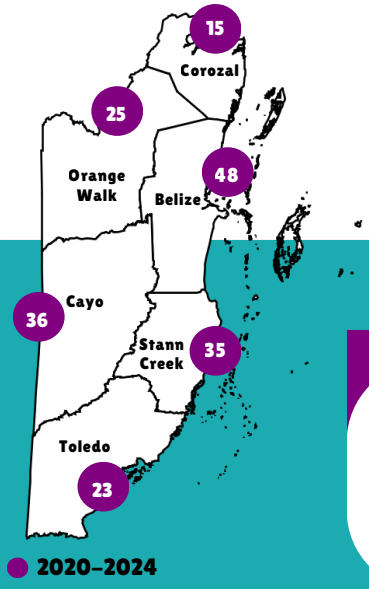
Persons aged 20 to 39 years, primarily males, died by suicide (2020-2024).

** 1 male individual of unknown age.



Where?

The Belize District accounted for the highest number of suicides (2020-2024).



What method?

Hanging accounted for 78% of the persons who died by suicide (2020-2024).

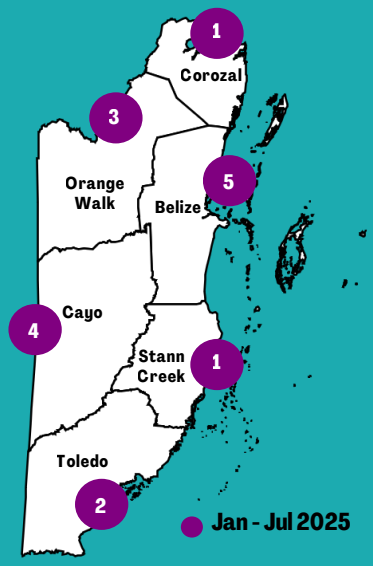


SUICIDES: FACTS AND FIGURES
JANUARY TO JULY 2025

From January to July 2025

81%

of the persons who died by suicide were males.



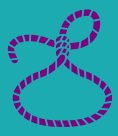
The Belize District accounted for the highest suicides (Jan to Jul, 2025).

** 1 male individual of unknown age.



below 20 years | **20 to 39 years** | **40+ years**

40% of the persons were over 40 years. 83% in that age group were males (Jan to Jul, 2025).



13 **Hanging**

2 **Other**

Hanging accounted for 87% of the persons who died by suicide (Jan to Jul, 2025).

"CHANGING THE NARRATIVE OF SUICIDE"



Anyone can be struggling.



Talking about suicide allows individuals to seek help.



There is always hope.



Warning signs precede most suicides.



Suicide is complex but often preventable.



All threats or mentions of suicide should be taken seriously.

Data Source: Belize National Forensic Science Service

If you would like to learn more about the BCO or get more information contact us at:

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